

You became an Occupational Therapist to make a difference in people's daily lives.
We created My OT & Me so you can do that work in a way that's sustainable, supported, and aligned with your values.

Welcome Occupational Therapist

Role Title: Senior OT Job Ad

Role reports to: Kendie Gador (Director/ Principal Occupational Therapist)

Role created: February 2026

A Workplace That Understands OTs

- My OT & Me (MOTM) is an OT-founded, values-led mobile allied health collective based in Adelaide, with a warm hub in Mile End.
- We understand the complexity of this profession, the emotional load, the responsibility, and the balancing act between work and life. That's why we've built a workplace where clinicians are supported not just professionally, but personally.
- Here, flexibility isn't a bonus. It's part of our values.

Why Senior OTs Choose MOTM

- **Flexibility That Supports Your Life:** Design your own schedule. Shape your caseload. Build a work rhythm that fits around family, wellbeing, and community life.
- **Meaningful, Person-Centred Work:** We prioritise quality over volume, giving you the time and autonomy to use your clinical reasoning and build genuine participant relationships.
- **No Burnout Culture:** Our KPI is 4.25 billable hours per day (including travel) — because sustainable clinicians provide better outcomes.
- **Be Valued for Your Experience:** Senior clinicians have a voice here. You'll have opportunities to mentor, supervise, and help shape how we grow.
- **A Team That Feels Like Community:** We are collaborative, supportive, and deeply human. You'll never feel like you're doing this work alone.

Our Purpose & Direction

We support a diverse mix of adult participants across Adelaide's southern, central and northern suburbs and alongside a growing paediatric caseload.

Our future direction is grounded in:

- Women's health and advocacy
- Community connection
- Advocacy for disadvantaged and minority groups

We know OT's can shift lives and shape systems and we're building a service that actually believes in this!

The Role: Senior Occupational Therapist

This role is ideal for an experienced OT who wants autonomy, meaningful work, and a supportive team behind them.

In this role, you will:

- ✓ Deliver high-quality, community-based occupational therapy
- ✓ Apply advanced clinical reasoning across complex cases
- ✓ Work across NDIS, Medicare, and Support at Home funding models
- ✓ Collaborate with families, support networks, and other providers
- ✓ Provide supervision and mentoring to OTs, AHAAs, and students
- ✓ Contribute to a culture of learning, reflection, and growth

You'll work with a high level of independence, with strong clinical and leadership support when you need it.

Who Thrives at My OT & Me

You might be a great fit if you:

- Have 3+ years OT experience
- Value connection, collaboration, and community
- Want flexibility without sacrificing professional standards
- Care deeply about participant dignity and inclusion
- Are looking for a sustainable, long-term career — not just another job!

✉ Let's Talk

If you're ready to work in a way that feels aligned, sustainable, and deeply human — we'd love to connect.

✉ Apply Now Or contact Kendie for a confidential chat

Kendie Gador

Email: admin@myotandme.com.au

Phone: 0422 693 851

Lets get social:

www.myotandme.com.au

@myotandme_adelaide