

You became an Occupational Therapist to make a difference in people's daily lives.  
We created My OT & Me so you can do that work in a way that's sustainable, supported, and aligned with your values.

## Welcome Occupational Therapist

**Role Title:** Senior OT Job Ad

**Role reports to:** Kendie Gador (Director/ Principal Occupational Therapist)

**Role created:** February 2026

### *A Workplace That Understands OTs*

- My OT & Me (MOTM) is an OT-founded, values-led mobile allied health collective based in Adelaide, with a warm hub in Mile End.
- We understand the complexity of this profession, the emotional load, the responsibility, and the balancing act between work and life. That's why we've built a workplace where clinicians are supported not just professionally, but personally.
- Here, flexibility isn't a bonus. It's part of our values.

### *Why Senior OTs Choose MOTM*

- **Flexibility That Supports Your Life:** Design your own schedule. Shape your caseload. Build a work rhythm that fits around family, wellbeing, and community life.
- **Meaningful, Person-Centred Work:** We prioritise quality over volume, giving you the time and autonomy to use your clinical reasoning and build genuine participant relationships.
- **No Burnout Culture:** Our KPI is 4.25 billable hours per day (including travel) — because sustainable clinicians provide better outcomes.
- **Be Valued for Your Experience:** Senior clinicians have a voice here. You'll have opportunities to mentor, supervise, and help shape how we grow.
- **A Team That Feels Like Community:** We are collaborative, supportive, and deeply human. You'll never feel like you're doing this work alone.

## **Our Purpose & Direction**

*We support a diverse mix of adult participants across Adelaide's southern, central and northern suburbs and alongside a growing paediatric caseload.*

*Our future direction is grounded in:*

- Women's health and advocacy*
- Community connection*
- Advocacy for disadvantaged and minority groups*

*We know OT's can shift lives and shape systems and we're building a service that actually believes in this!*

## **The Role: Senior Occupational Therapist**

*This role is ideal for an experienced OT who wants autonomy, meaningful work, and a supportive team behind them.*

### **In this role, you will:**

- ✓ *Deliver high-quality, community-based occupational therapy*
- ✓ *Apply advanced clinical reasoning across complex cases*
- ✓ *Work across NDIS, Medicare, and Support at Home funding models*
- ✓ *Collaborate with families, support networks, and other providers*
- ✓ *Provide supervision and mentoring to OTs, AHAs, and students*
- ✓ *Contribute to a culture of learning, reflection, and growth*

*You'll work with a high level of independence, with strong clinical and leadership support when you need it.*

## **Who Thrives at My OT & Me**

*You might be a great fit if you:*

- Have 3+ years OT experience*
- Value connection, collaboration, and community*
- Want flexibility without sacrificing professional standards*
- Care deeply about participant dignity and inclusion*
- Are looking for a sustainable, long-term career — not just another job!*

## **Let's Talk**

If you're ready to work in a way that feels aligned, sustainable, and deeply human — we'd love to connect.

 **Apply Now Or contact Kendie for a confidential chat**

Kendie Gador

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*Lets get social:*

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